

When advanced illness overwhelms, it takes a unique medical provider to respond at such a sensitive time – and requires an array of healthcare services with skilled and confident caregivers.



Care Dimensions, founded in 1978 as Hospice of the North Shore, provides compassionate care throughout all stages of advanced illness. Our expansive services and expert staff honor the richness of patients' lives – addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



Care Dimensions, one of the nation's first hospice programs and the region's largest, provides services in more than 90 communities in Eastern Massachusetts.

As a non-profit, community-based leader in advanced illness care, we honor diversity and welcome patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Our services include:

- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- Education and training

Main: 888-283-1722
Referrals: 888-287-1255
Referral Fax: 978-774-4389

CareDimensions.org



ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).



Pediatric Hospice Program



*Surrounding children and families
with care and support*

PEDIATRIC HOSPICE PROGRAM

Childhood is precious, no matter how long it may be. At Care Dimensions, we cherish our youngest patients – infants, children and adolescents living with life-threatening illnesses – and surround them with expert medical care and nurturing support. Our specialized pediatric program provides family-centered hospice care services at home and in the community.

PEDIATRIC TEAM

Our specialized pediatric team, who are supported by pediatric hospice and palliative care physicians from Boston Children's Hospital, skilled pediatric nurses, spiritual counselors, social workers, hospice aides, music therapists, child life specialists and trained volunteers. We provide 24/7 support, working with each child's primary medical team to offer seamless care. Our pediatric team focuses on:

- Maximizing quality of life
- Minimizing pain and non-pain symptoms
- Supporting the needs of family members
- Providing consultations on goals of care

Referrals: 888-287-1255



PEDIATRIC SERVICES

We have an open access philosophy that allows pediatric patients to continue receiving curative treatments while enrolled in hospice care, with an additional focus on relieving symptoms and managing pain. Families can also continue receiving block nursing and home health assistance from other providers.

At Care Dimensions, each child receives an individualized care plan to meet specific needs, hopes and goals. The plan addresses the medical, nursing, psychosocial and spiritual needs of the child and family, emphasizing quality of life.

Services include:

- Pediatric nurse visits to manage pain and other symptoms
- 24/7 support for questions and nursing visits
- Physician consultation at home or in the hospital
- Home delivery of medications and equipment
- Coordination with the child's physician and other health care providers
- Hospice houses for respite care or inpatient symptom management
- Hospice home health aide
- Guidance in navigating community resources
- Complementary and expressive therapies for comfort and relaxation
- Spiritual support
- Medical social services
- Child life specialist to help with expressing emotion
- Trained volunteers to assist the child and family
- Bereavement support

PERI-NATAL PROGRAM

Care Dimensions offers a specialized service to parents who will give birth to an infant with a life-limiting condition, creating a bridge from pregnancy to parenthood to bereavement. Partnering with the family and medical team, we develop a care plan that addresses the family's goals during pregnancy and delivery and following birth. We can help transition care to the home, or plan arrangements and memorial services. Bereavement support is provided to parents and siblings.

HOSPICE HOUSES

Our Kaplan Family Hospice House (Danvers) and Care Dimensions Hospice House (Lincoln, on the Waltham line) have pediatric suites that offer a homelike atmosphere for patients who need expert care for pain and symptom management or respite care. The suites feature a private bathroom, a fold-out couch for parents or other caregivers to stay overnight, and doors that open onto a private patio and landscaped gardens. The houses have several comfortable family rooms, kitchen and dining areas, dedicated play spaces with toys and a computer for visiting siblings, and beautiful grounds for walks. Family members (even 4-legged ones) are welcome to visit at any time.

PAYMENT FOR HOSPICE CARE

Hospice services are covered by Medicare, certain Medicaid and most insurance policies. Contributions from families and the community enable Care Dimensions to provide care to any patient eligible for hospice, regardless of ability to pay.

REFERRALS

Anyone can make a referral for a hospice care consultation. Please call 888-287-1255 or use our secure online referral form at CareDimensions.org.