

When advanced illness overwhelms, it takes a unique medical provider to respond at such a sensitive time – and requires an array of healthcare services with skilled and confident caregivers.



Care Dimensions, founded in 1978 as Hospice of the North Shore, provides compassionate care throughout all stages of advanced illness. Our expansive services and expert staff honor the richness of patients' lives – addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



Care Dimensions, one of the nation's first hospice programs and the region's largest, provides services in more than 95 communities in Eastern Massachusetts.

As a non-profit, community-based leader in advanced illness care, we honor diversity and welcome patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Our services include:

- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- Education and training

Main: 888-283-1722  
Referrals: 888-287-1255  
Referral Fax: 978-774-4389

[CareDimensions.org](http://CareDimensions.org)



ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).



## Dementia Support Program



*Improving the quality of life for Alzheimer's and dementia patients and their loved ones*

## DEMENTIA SUPPORT PROGRAM

### PERSONALIZED CARE WHEREVER PATIENTS LIVE

Care Dimensions develops personalized care plans tailored to the individual needs of our patients with Alzheimer's disease and other dementias and their families. We promote dignity and comfort for all patients, whether they are experiencing moderate dementia or severe symptoms. For patients who reside in skilled nursing or assisted living facilities, we collaborate with facility staff every step of the way, providing expert medical care and emotional support.

*“Our mom was a nursing home resident and suffered from dementia. We asked for Care Dimensions’ services and were not disappointed. The most comforting measure was that we knew Mom was comfortable at the end of her life. It was reassuring to see that she was not suffering.”*

### PROGRAM BENEFITS

Care Dimensions cares for hundreds of dementia patients each year. Our program offers:

- Pain and symptom management to provide relief, even when patients cannot articulate pain
- 24/7 medical, emotional and spiritual support
- Experienced hospice aides specially trained to work with cognitively-impaired patients
- Care provided at home, long-term care facility, hospital or assisted living community, and our inpatient hospice houses
- Kaplan Family Hospice House in Danvers and Care Dimensions Hospice House in Lincoln for respite care or acute symptom management to avoid hospitalization
- Hospice volunteers trained in dementia care to provide support and companionship
- Medication and equipment management
- Complementary therapies: music therapy, pet therapy, Reiki, massage and compassionate touch offer comfort and stress relief
- Practical support when transitioning a loved one to another setting through our affiliations with skilled nursing facilities, hospitals and assisted living communities
- Grief support for families
- Free education and resources for family and professional caregivers

**Referrals: 888-287-1255**

### CAREGIVING TEAM

Our goal is to maximize each patient's comfort and quality of life, using a comprehensive team-based model. This approach addresses the patient's physical, cognitive, spiritual and emotional needs while providing practical support for family and professional caregivers. Care Dimensions' staff includes experienced physicians, nurse practitioners, nurses, social workers, spiritual counselors, hospice aides, bereavement counselors and trained volunteers. All clinical staff and volunteers receive specialized training developed by the Alzheimer's Association of MA/NH to understand the unique needs and challenges of caring for patients with dementia.

### MAKING THE MOST OF TODAY

Armed with detailed information about the patient's preferences, past career and hobbies, music, pets and life experiences, our trained volunteers visit with patients to provide companionship, improve quality of life, and ease stress for caregivers. Our volunteers carry a bag of supplies to help them engage with patients – even those that are non-verbal. In addition, they can provide a fidget quilt that offers sensory and tactile stimulation for patients who need to keep their hands busy.

### ELIGIBILITY

Any hospice-eligible patient with moderate to severe dementia may benefit from the Dementia Support Program.

### PAYMENT FOR HOSPICE CARE

Hospice services are covered by Medicare, Medicaid and most insurance plans.

### REFERRALS

Anyone can make a referral by calling 888-287-1255 or use our secure online referral form at [CareDimensions.org](http://CareDimensions.org).

