



Care Dimensions, one of the nation's first hospice programs and the region's largest, provides services in more than 95 communities in Eastern Massachusetts.

As a non-profit, community-based leader in advanced illness care, we honor diversity and welcome patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Our services include:

- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- Education and training

Main: 888-283-1722
Referrals: 888-287-1255
Referral Fax: 978-774-4389

CareDimensions.org



Hospice



Care Dimensions, founded as Hospice of the North Shore, provides compassionate care throughout all stages of advanced illness.

Our expansive services and expert staff honor the richness of patient lives – addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.

*Compassionate, expert care
when you need it most*

“Almost immediately after Care Dimensions became involved, we saw an improvement in our mother’s wellness both physically and spiritually.”

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).

HOSPICE CARE

Advanced illness poses difficult challenges for patients, but also provides special opportunities to strengthen relationships, find spiritual peace and resolve personal issues. Care Dimensions helps patients and families every step of the way. We care for patients wherever they live – at home and in assisted living communities, in skilled nursing facilities and hospitals, and in our hospice houses – Kaplan Family Hospice House (Danvers) and Care Dimensions Hospice House (Lincoln, on the Waltham line).

In consultation with the patient and family, as well as the patient's own physician, Care Dimensions prepares a comprehensive, patient-centered care plan. Hospice services include:

- Expert medical care
- Service coordination
- 24/7 support
- Pain management
- Emotional and spiritual support
- Caregiver education
- Complementary therapies including massage, Reiki, art, music and pet therapy
- Medications, medical supplies and equipment



OUR INTERDISCIPLINARY HOSPICE TEAM:

- Patient's own physician – primary care or specialist
- Hospice medical director
- Nurses and nurse practitioners
- Social workers
- Spiritual and bereavement counselors
- Hospice aides
- Trained volunteers

SPECIALIZED CARE PROGRAMS

Designed to maximize quality of life and avoid hospitalization, these programs may include medication kits, symptom management tools, and caregiver training and support.

- Dementia
- Chronic conditions (*Cardiac and Respiratory*)
- Pediatrics

PAIN AND SYMPTOM MANAGEMENT

Care Dimensions' physicians and nurses have specialized expertise in palliative care, which focuses on treating the pain and symptoms that accompany a serious or life-limiting illness. With these under control, many patients enjoy a variety of activities. Hospice nurses are available 24 hours a day, seven days a week, for consultation and visits. Medications and specialized therapies for pain control are delivered to the home.

CAREGIVER AND FAMILY SUPPORT

Support for family and caregivers is a hallmark of Care Dimensions. Our social workers, volunteers, and spiritual and bereavement counselors assist family members of all ages to understand and cope with the challenges of life-limiting illness. We continue reaching out in the difficult months following a loved one's death.

HOSPICE HOUSES

Our Kaplan Family Hospice House (Danvers) and Care Dimensions Hospice House (Lincoln, on the Waltham line) offer a homelike alternative to hospitalization for patients who require care for acute pain and symptom management.

- Licensed inpatient facilities offering acute care for complex pain and symptom management
- Pain and symptom management so patients can return home
- Short-term residential care, based on availability and requires a room and board charge
- Respite care when caregivers need a break, based on availability

WHEN TO CALL CARE DIMENSIONS

Hospice services are available to people of all ages with a limited life expectancy. It is not necessary to be acutely ill to receive hospice care. Early involvement by the Care Dimensions team benefits patients and families by providing support and managing physical symptoms. As illness progresses, so will the intensity of care and involvement of the hospice team.

PAYMENT FOR HOSPICE CARE

Hospice services are covered by Medicare, certain Medicaid and most insurance policies. Contributions from families and the community enable Care Dimensions to provide care to any patient eligible for hospice, regardless of ability to pay.

REFERRALS

Patients, family members and professionals can make a referral by calling our 24/7 Referral Center at 888-287-1255 or online at CareDimensions.org.

Referrals: 888-287-1255



"We never felt alone or hopeless thanks to your efforts. We can't imagine going through this difficult time without your support."