

When advanced illness overwhelms, it takes a unique medical provider to respond and requires an array of healthcare services with skilled and confident caregivers.



Care Dimensions, founded in 1978 as Hospice of the North Shore, provides compassionate care throughout all stages of advanced illness. Our expansive services and expert staff honor the richness of patients' lives – addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



Care Dimensions, one of the nation's first hospice programs and the region's largest, provides services in more than 90 communities in Eastern Massachusetts. As a non-profit, community-based leader in advanced illness care, our services include:

- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics*
- Meeting the unique needs of: *Veterans, Jewish patients, Developmentally disabled adults, the LGBTQ community*
- Kaplan Family Hospice House
- Grief support
- Education and training

Main: 888-283-1722  
Referrals: 888-287-1255  
Referral Fax: 978-774-4389

[CareDimensions.org](http://CareDimensions.org)



Care Dimensions complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).



## Palliative Care



*Improving comfort and quality of life*

## PALLIATIVE CARE

For patients who are living with an advanced illness, palliative care adds a layer of assistance for families and providers. Our palliative care medical team makes recommendations to relieve the pain, symptoms and stress that often accompany serious illness. In partnership with patients' primary care physicians and specialists, we create personalized care plans that meet every need. This collaboration reduces hospital admissions and improves quality of life.

### PALLIATIVE CARE TEAM

Our palliative care interdisciplinary team includes physicians board certified in hospice and palliative care, nurse practitioners and social workers. We work with each patient's primary care physician and specialist to offer seamless care.



### REASONS FOR PALLIATIVE CARE

Appropriate at any age and stage in a serious illness, whether curable, chronic or life-threatening, palliative care can help with:

- Complex pain and symptom management
- Diagnosis and prognosis discussions, especially when prognosis may be unclear
- Discussions relating to a patient's goals of care
- Advanced care planning
- Care and treatment issues that affect quality of life

Palliative care enhances daily life for people with:

- Cancer (any stage)
- Dementia/Alzheimer's disease
- Respiratory disease (COPD/emphysema)
- Cardiac disease, heart failure, stroke
- Kidney or liver failure
- Multiple Sclerosis

### PALLIATIVE CARE BENEFITS

Palliative care from Care Dimensions offers multiple benefits:

- Care coordination with patients' physicians and specialists
- Clinicians who still make house calls
- Medication evaluation and patient and family support prevents unnecessary hospitalizations
- Improvement in pain and symptom management
- Help with treatment decisions based on realistic goals
- Spiritual and emotional support during a difficult time

**Referrals: 888-283-1433**

### INPATIENT AND OUTPATIENT CONSULTATIONS

Care Dimensions works in collaboration with several hospitals in the region to offer inpatient palliative care consultations, meeting patients and their families at the bedside during a hospitalization. We visit home bound patients wherever they live — home, skilled nursing facilities and assisted living communities.

### PAYMENT FOR PALLIATIVE CARE

All or part of a palliative care consultation is covered by Medicare, Medicaid and most insurance plans.

### REFERRALS

Anyone can request a palliative care consultation. Call 888-283-1433 or use our secure online referral form at [CareDimensions.org](http://CareDimensions.org).

