



Free Fall Virtual Children & Teen Grief Groups

Offering two 4-week sessions

Session 1 starts October 6

Session 2 starts November 10

Middle school group – Tuesdays at 4pm
High school group – Wednesdays at 4pm
Elementary group – Thursdays at 4pm

Children and teens (first graders through high school seniors) who have experienced the death of a significant person in their life are invited to join us in this space to connect with grieving peers and learn some coping tools to navigate this difficult time.



**Groups will be held via Zoom conference.
Advanced registration required by Sept. 30 for Session 1
and by Nov. 4 for Session 2**

**For more information or to register,
contact Kelia Bergin, Children's Program Coordinator at
KBergin@CareDimensions.org or 781-373-6570**