



CareDimensions

HOSPICE | PALLIATIVE CARE | SUPPORT SERVICES

Bereavement Calendar

August – October 2024

Based on grief research and our clinical practice, we find that our support groups benefit those individuals who participate in these groups at least three (3) months after the loss of a loved one. Registration in our Newly Bereaved workshop is recommended for those who have experienced loss within the past three months. For the full description of a group, please visit our website at [CareDimensions.org/FindSupport](https://www.CareDimensions.org/FindSupport)

Support groups are open to Massachusetts residents ONLY.

IN-PERSON: NEWLY BEREAVED

A one-time workshop for loss within the last three months

For anyone with a death in the last three months whose loved one was not connected to Care Dimensions hospice. RSVP required by Thursday before group.

Bertolon Center for Grief & Healing, 78 Liberty Street, Danvers
Monday, September 9 or October 21, 3 – 5 pm

VIRTUAL: NEWLY BEREAVED

A one-time workshop for loss within the last three months

This workshop is open to friends and family of Care Dimensions patients only. For people whose loved one died on CD hospice services within the last three months. RSVP by Friday before group.

Virtual via Zoom

Wednesday, August 14, September 11 or October 9, 3 – 5 pm

VIRTUAL: ¿HA PERDIDO UN SER AMADO?

VIRTUAL: SPANISH GRIEF AND LOSS

¿Necesita ayuda para continuar su vida después de una pérdida difícil? Care Dimensions ofrecerá un grupo de apoyo en español para navegar el difícil proceso del luto. Si le interesa por favor envíe un correo electrónico a Erin Bourgault, coordinadora de servicios de apoyo de la clínica de East Boston, bourgaue@ebnhc.org o llamar 857-248-5728. For information, email Erin Bourgault at bourgaue@ebnhc.org or call 857-248-5728.

Virtual via Zoom

sábados, 10 de agosto, 10 – 11:30 am

Saturdays, August 10, 10 – 11:30 am

Note: Group will not meet in September.

VIRTUAL: MONTHLY CAREGIVER SUPPORT GROUP

RSVP to Grief@CareDimensions.org by Friday prior to group.

Virtual via Zoom

Mondays, August 12, Sept. 9 and Oct. 7, 10:30 – 11:30 am

VIRTUAL: LIVING WITH LOSS OF SPOUSE/PARTNER: 1-3 YEARS LATER

Grief changes over time. Yet the support of others can still be so helpful and comforting years after loss. This group is intended for those who have experienced the loss of a spouse/partner between 1–3 years ago. The format will be a mix of discussion, writing, artwork and resource sharing. This is a 7-week remote group which will meet in person for the final session. To register, contact Grief@CareDimensions.org

Virtual via Zoom

Wednesdays, September 18 – November 20, 2 – 3:30 pm

Note: Group will not meet on October 9, October 16 and November 13.

IN-PERSON: YOUNG WIDOWED

To register, contact Grief@CareDimensions.org

Bertolon Center for Grief & Healing, 78 Liberty Street, Danvers

Mondays, October 9 – December 11, 6 – 7:30 pm

Note: Group will not meet on November 6 and November 27.

For more information or to register:
visit - [CareDimensions.org/FindSupport](https://www.CareDimensions.org/FindSupport)
call - 855-774-5100 or
email - grief@CareDimensions.org

Advance registration is required for all groups and workshops.
Dates and times are subject to change. Although there is no charge
for most support groups, donations are appreciated.