



CareDimensions

HOSPICE | PALLIATIVE CARE | SUPPORT SERVICES

Bereavement Calendar February – May 2026

Based on grief research and our clinical practice, we find that our support groups benefit those individuals who participate in these groups at least three (3) months after the loss of a loved one. Registration in our Newly Bereaved workshop is recommended for those who have experienced loss within the past three months. For the full description of a group, please visit our website at CareDimensions.org/FindSupport

Support groups are open to Massachusetts residents ONLY.

IN-PERSON: NEWLY BEREAVED

A one-time workshop for loss within the last three months

For anyone with a death in the last three months whose loved one was not connected to Care Dimensions hospice. RSVP required by Thursday before group.

Bertolon Center for Grief & Healing, 78 Liberty Street, Danvers

Monday, February 9; March 9; April 6, 10 am – 12 pm

VIRTUAL: NEWLY BEREAVED

A one-time workshop for loss within the last three months

This workshop is open to friends and family of Care Dimensions patients only. For people whose loved one died on CD hospice services within the last three months. RSVP by Friday before group.

Virtual via Zoom

Wednesday, February 11; March 11; April 8, 3 – 5 pm

VIRTUAL: ¿HA PERDIDO UN SER AMADO?

VIRTUAL: SPANISH GRIEF AND LOSS

¿Necesita ayuda para continuar su vida después de una pérdida difícil? Care Dimensions ofrecerá un grupo de apoyo en español para navegar el difícil proceso del luto. Si le interesa por favor envíe un correo electrónico a Erin Bourgault, coordinadora de servicios de apoyo de la clínica de East Boston, bourgaue@ebnhc.org o llamar 857-248-5728. For information, email Erin Bourgault at bourgaue@ebnhc.org or call 857-248-5728.

Virtual via Zoom

sábados, 14 y 28 febrero, 14 y 28 marzo, 25 abril, 9 mayo,
10 – 11:30 am

Saturdays, February 14 & 28, March 14 & 28, April 25, May 9,
10 – 11:30 am

SERVICE OF REMEMBRANCE

Care Dimensions cordially invites you and your family to join us for a Service of Remembrance to honor the memory and celebrate the life of your loved one. The service includes inspirational readings and reflective music. People of all faiths and spiritual beliefs are welcome to join in this time of remembrance. Please RSVP to Grief@CareDimensions.org.

Holy Trinity UMC

16 Sylvan Street, Danvers, MA

Sunday, April 26, 3:00 – 4:30 pm

For more information or to register:
visit - CareDimensions.org/FindSupport
call - 855-774-5100 or
email - grief@CareDimensions.org

Advance registration is required for all groups and workshops.
Dates and times are subject to change. Although there is no charge
for most support groups, donations are appreciated.