



CareDimensions®

Compassionate expertise for advanced illness

Healing After a Loved One's Death by Suicide

Thursdays

October 15 – November 19

3:00 – 4:30 p.m.

This will be a virtual support group held via Zoom conference. Zoom is a free software available online.



This 6-week group is open to anyone grieving the death of a loved one by suicide. Suicide survivors cope with a myriad of difficult grief reactions, often including a profound sense of isolation. Participants will find a safe space to process the loss, express their feelings, and make connections with other survivors. This group is led by a licensed counselor and is free of charge.

**Space is limited so pre-registration is required by October 9.
With questions or to register, please call Kerianne O'Keefe
at 978-774-5100 or email grief@CareDimensions.org**