

When advancing illness overwhelms, it takes a unique medical provider to respond at such a sensitive time – and requires an array of healthcare services with skilled and confident caregivers.



Care Dimensions' expansive services and expert staff honor the richness of patients' lives — addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



As a non-profit, community-based leader in advanced illness care, Care Dimensions honors diversity and welcomes patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Our services include:

- HomeMD - primary care at home
- Hospice
- Palliative care
- Specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- Care Dimensions Learning Institute

HomeMD: 888-281-0011

HomeMD Fax: 978-223-9953

Care Dimensions Main: 888-283-1722

[CareDimensions.org/HomeMD](https://www.CareDimensions.org/HomeMD)



ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).

# Care Dimensions HomeMD

## In-Home Primary Care



*Caring for you where you live*

## IN-HOME PRIMARY CARE

HomeMD ensures that patients who have difficulty leaving their homes benefit from personalized medical care no matter where they live — in private residences, rest homes, or assisted living facilities. This in-home care is ideal for patients who may be physically fragile, suffer from memory loss, or are managing complex chronic conditions.

Our experienced HomeMD team of physicians and nurse practitioners help patients receive proactive primary care to monitor their health conditions in the safety and convenience of their homes, reducing the stress, anxiety, fatigue, and logistics of getting out to doctor's visits. Patients who receive regular, consistent care are better able to monitor chronic health conditions and can avoid stressful emergency room visits and hospitalizations. HomeMD is a critical service to help seniors retain independence and maintain their current living situation.

### PATIENT QUALIFICATIONS

- Age 65 or older
- Resident of select communities north of Boston
- Lives in private home, assisted living community, or rest home. Not available in skilled nursing facilities
- Has difficulty leaving home
- Medicare, Medicaid, most commercial plans, supplemental/Medigap insurance
- First visit cannot be an emergency visit

### SERVICE OVERVIEW

HomeMD offers primary care medical services you'd find in a traditional office-based medical clinic. Some of these services include:

- Comprehensive review of your medical history, physical examinations, and treatments
- Preventive care including health assessments, immunizations, and functional assessments
- Acute illness visits
- Care management for high-risk patients
- Care coordination for medically needed services
- Medication management, refills and adherence strategies
- Evening/weekend/holiday on-call coverage
- After-hospitalization and after-skilled nursing facility visits
- Laboratory services, including blood draws, and X-rays are coordinated with a service outside of HomeMD

### BENEFITS

- Improves coordination and enhanced quality of care
- Increases support and peace of mind for caregivers
- Reduces stress on patient and family caregivers
- Alleviates fragmented care and missed appointments
- Availability to work with your specialists
- Ability to manage transitions across settings (home, hospital, skilled nursing facility)
- Improves communication between patients and outpatient providers
- Closer management of symptoms to prevent emergency room visits and hospitalizations

### HOMEMD TEAM

- Experienced physicians and nurse practitioners specializing in caring for patients at home
- Expert at managing complex medical conditions
- Skilled communicators
- Compassionate and understanding

### PAYMENT FOR HOMEMD

HomeMD services are covered by Medicare, Medicaid (MassHealth), most commercial insurance plans, and supplemental/Medigap insurance. There may be some co-payments required.

### REFERRALS

Any patient, family member or health care personnel can make a referral to become a HomeMD patient, as long as the patient meets the qualifications.

**To become a patient or for more information call 888-281-0011.**

