

CareDimensions

HOSPICE | PALLIATIVE CARE | SUPPORT SERVICES

Bereavement Calendar

Greater Boston Programs held at 333 Wyman Street, Suite 100, Waltham, MA, unless otherwise stated.

February – March 2018

We now offer online registration!

Visit CareDimensions.org/calendars and select the name of the group you are interested in.

Based on grief research and our clinical practice, we find that our support groups benefit those individuals who participate in these groups at least three (3) months after the loss of a loved one. Registration in our Newly Bereaved workshop is recommended for those who have experienced loss within the past three months.

NEWLY BEREAVED

A one time workshop for loss within the last 3 months

Waltham

Tuesday, February 6, 6 – 8 p.m.

LOSS OF SPOUSE/PARTNER

Waltham

Thursdays, March 22 - May 10, 6 – 7:30 p.m.

LOSS OF PARENT

Waltham

Thursdays, March 29 - May 17, 4 – 6 p.m.

CHILDREN'S BEREAVEMENT SUPPORT GROUPS

CHILDREN & TEEN BEREAVEMENT SUPPORT GROUPS

This free group is open to children and teens ages 4–18 who are grieving the death of someone close. Children and teens will be divided into groups based on age. There will be a group for parents/guardians on "Raising Grieving Children" at the same time and location.

Pizza and salad will be served at the beginning of each group. Advance registration is required by January 30. Contact our Children's Program at 978-750-9335 or ChildLife@CareDimensions.org.

Waltham

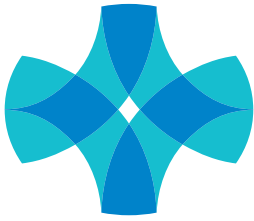
1st and 3rd Tuesday of every month, beginning February 6, 6 – 7:30 p.m.

Note: Zip code in Waltham is 02451.

Visit CareDimensions.org to learn more about programs and resources.

For more information or to register call 855-774-5100 or email grief@CareDimensions.org

Advance registration is required for all groups and workshops. Dates and times are subject to change. Although there is no charge for most support groups, donations are appreciated.



CareDimensions

HOSPICE | PALLIATIVE CARE | SUPPORT SERVICES

Bereavement Calendar

North Shore Programs held at the Bertolon Center for Grief & Healing,
78 Liberty Street, Danvers, MA, unless otherwise stated.

February – April 2018

We now offer online registration!

Visit CareDimensions.org/calendars and select the name of the group you are interested in.

Based on grief research and our clinical practice, we find that our support groups benefit those individuals who participate in these groups at least three (3) months after the loss of a loved one. Registration in our Newly Bereaved workshop is recommended for those who have experienced loss within the past three months.

NEWLY BEREAVED

A one time workshop for loss within the last 3 months

Danvers

Thursday, February 1, 3 – 5 p.m.

MONTHLY CAREGIVER SUPPORT GROUP

Our drop in Caregiver Support Group will be a comfortable, relaxing space to release some of the stress you carry as you currently care for your loved one. Join us for a cup of coffee or tea while finding mutual support from others and learn tools to help you along your journey of caring. For questions, please contact April Evans, LICSW at 781-373-6609 or AEvans@CareDimensions.org.

Danvers

Monday, February 5, 10:30 – 11:30 a.m.

LOSS OF SIBLING

Danvers

Mondays, January 29 - March 19, 3 – 4:30 p.m.

WRITING FROM THE HEART OF GRIEF

It's been said that the only whole heart is the broken heart. This 6-week experiential writing support group for those who have lost a loved one will allow participants to explore aspects of their grief that speak from within and are expressed through the written word. Join us in this safe and compassionate setting to write from the truth of our hearts and the spirit of our souls as we journey through our grief and touch a place of healing. No prior writing experience is necessary. This free support group is open to any bereaved person who registers prior to first group meeting.

Danvers

Wednesdays, January 31 - March 7, 3 – 5 p.m.

YOUNG WIDOWED

Danvers

Mondays, February 26 - April 16, 6:30 – 8 p.m.

LOSS OF ADULT CHILD

Danvers

Mondays, March 12 - April 30, 6 – 7:30 p.m.

LOSS OF PARENT

Danvers

Mondays, April 2 - May 21, 3 – 5 p.m.

COMING SOON!

LOSS OF SPOUSE/PARTNER SATURDAY GROUP (APRIL)

WOMEN GRIEVING THEIR MOTHERS (MAY)

CHILDREN'S BEREAVEMENT SUPPORT GROUPS

CHILDREN & TEEN BEREAVEMENT SUPPORT GROUPS

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Pizza and salad will be served at the beginning of each group. Advance registration is required by January 30. Contact Children's Program at 978-750-9335 or ChildLife@CareDimensions.org.

Holy Trinity United Methodist Church, 16 Sylvan Street, Danvers

2nd and 4th Tuesdays beginning February 13, 6 – 7:30 p.m.

Note: Zip code in Danvers is 01923.

Visit CareDimensions.org to learn more about programs and resources.

For more information or to register call 855-774-5100 or email grief@CareDimensions.org

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