



Loss Due to COVID19

8-week support group

Wednesdays
Sept. 9 - Oct. 28
3 - 4:30 pm



This will be a virtual support group held via Zoom conference. Zoom is a free software available online.

This 8-week support group is designed for people who have had a loved one die of the COVID-19 virus, at least 3 months prior to first group meeting. Led by a Bereavement Counselor, it will be a safe space to process your grief, learn coping techniques, and make connections with others who are on a similar grief journey. This group requires commitment from all participants to attend each scheduled session.

Please register by September 4.
Email grief@CareDimensions.org or
call 978-774-5100.