



Loss Due to COVID19

Drop-in support group

Thursdays

March 4

April 15

May 20

12 - 1:30 pm



This will be a virtual support group held via Zoom conference. Zoom is a free software available online.

This drop-in support group is designed for people who have had a loved one die from the COVID-19 virus. Led by a Bereavement Counselor, it will be a safe space to process your grief, learn coping techniques, and make connections with others who are on a similar grief journey.

**RSVP requested by the Tuesday before each group.
Call Mary Beth Grimm at 781-373-6645 or
email MGrimm@CareDimensions.org.**