



Loss of Adult Child

Wednesdays
March 24 – May 12
6:30 – 8:00 p.m.

This will be a virtual support group held via Zoom conference. Zoom is a free software available online.



This 8-week group is open to anyone grieving the death of an adult child. This group is for people whose loved one died at least three months prior to start of group, and a commitment to attend each session is required. Adult child loss survivors cope with a myriad of difficult grief reactions, often including a profound sense of isolation. Participants will find a safe space to process the loss, express their feelings, and make connections with other survivors. This group is led by a licensed counselor and is free of charge.

**Space is limited so pre-registration is required by March 19.
With questions or to register, please call Kerianne O'Keefe
at 855-774-5100 or email Grief@CareDimensions.org**