



Loss Due to Substance Use

Tuesdays

April 6 – May 11

3:00 – 4:30 PM

This will be a virtual support group held via Zoom conference. Zoom is a free software available online.



This six-week virtual group is designed for people who are coping with the death of a loved one from substance use. Group discussions will be based on topics addressed in the book that we will read on our own and then discuss together: “Dry Run: A Memoir,” by Nikki MacCallum. This book does not talk about bereavement but it does address many of the complicated emotional aspects of loving and losing someone to substance use. Please be willing to read the book on a weekly basis, as chapters are assigned. If you need a copy of the book, please let us know at time of registration.

**Space is limited so pre-registration is required by April 1.
RSVP by calling 978-774-5100 or
email grief@CareDimensions.org**