

CareDimensions

Compassionate expertise for advanced illness

Grieving a Sudden Loss

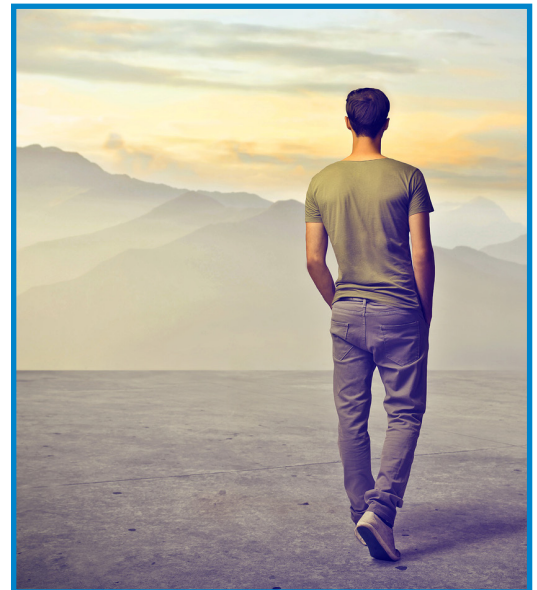
Mondays

January 7 – March 4

6 – 7:30 p.m.

Group will not meet on February 18.

*Bertolon Center for Grief & Healing
78 Liberty Street
Danvers, MA*



While sudden deaths can have very different causes, what unites them all is that they are unexpected and consequently unanticipated. As a result, the people bereaved by these deaths have no time to prepare for their loss or to say goodbye. This group is designed for adults 18 and over who want to explore the unique qualities of sudden loss, as well as learn skills for navigating the grief process.

**Advance registration is required by December 31.
For more information, or to register,
contact Grief@CareDimensions.org or call 855-774-5100.**