

What types of volunteer opportunities are there?

Please see [Volunteer Opportunities Summary](#)

At what age can I start volunteering?

You need to be 18+ yrs of age to volunteer

What is your training schedule?

We offer a 16-hour, self-led training module with additional homework. The expectation is that you will complete this within 3 weeks of starting. It will generally take 3-6 weeks to become an active volunteer.

I work full time or I am a college student – can I still volunteer?

There are opportunities for volunteers who work full-time or who are students, like shifts at our hospice houses or patient visits as requested. Requests for patient visits in the evenings are very rare so you would need to be open to visiting patients during the day, during the week or on weekends if that is what you would like to do.

What documents will I need?

The first step is a quick phone call with you, [once we receive your completed online profile](#). The next step will be for you to complete our background check form and send this back to us along with a copy of your ID, annual flu vaccine record, and any covid vaccine dates. You'll then receive a packet of documents to complete including a physical form from your doctor, 2 recommendation forms, and information on required TB testing.

Can I do visits in the evenings or weekends?

Most of our visit requests are for during the day, during the week. We have occasional requests for evening or weekend visits, but not many. There may also be shifts available at our hospice houses 8am-8pm, 7 days a week.

How many hours per week do I need to volunteer?

Most volunteers spend 1-4 hours per week volunteering depending on the role that best fits you. We offer flexibility, please let us know your concerns.

Do I have to provide proof of flu and covid vaccines?

Our staff and volunteers are required to provide documentation of a flu vaccine annually. Please let us know if you need a medical or religious exemption. If you are exempt from this, there may be restrictions on which opportunities you could participate in. While not required, we also ask for documentation of any covid vaccines you have received. If you have not received any covid vaccines, there may be restrictions on which opportunities you can participate in.

I do not use email or rarely check it; can I still volunteer?

You do need to use the internet and email regularly and are required to be checking email at least once a week as this is our main source of communication and for submitting reports.

Where are volunteer opportunities located?

We have opportunities within our service area. Please refer to [our service area map](#) to see what areas might be close to you. We have a hospice house in Danvers, MA and another in Lincoln, MA. Our patient visit requests could be in a community living setting or in a patient's home.

Do I need to own a car to volunteer?

You do not. If you are using public transportation or rides shares, we will have you sign a separate driving agreement. Please let us know.

What do I need to volunteer with my dog?

You will need to complete our 8-hour self-led training course. Your dog would need to have a Therapy training or Canine Good Citizen certification. We will also need copies of your dog's current veterinary paperwork. You will need to complete the same paperwork required that all volunteers do. Once your training and paperwork is completed, you and your dog will make a one-time visit to one of our hospices houses before signing up to visit patients in our community.

What do I need to be a Reiki volunteer?

Our Reiki volunteers are required to have Level II or higher certification. You will need to complete our 8-hour self-led training course. You will need to complete the same paperwork required that all volunteers do and provide copies of your Reiki certifications. Once your training and paperwork is completed, you will make a one-time visit to one of our hospices houses before signing up to visit patients in our community.

What do I need to be an End of Life Doula volunteer?

Our EOLD volunteers are required to provide a course completion certificate. You will need to complete our 16-hour self-led training course. You will need to complete the same paperwork required that all volunteers do and provide copies of your EOLD training certificate. Once your training and paperwork is completed, you will make a one-time visit to one of our hospices houses before signing up to visit patients in our community as a companion volunteer. From here, you will be invited to participate in separate training for how you use your EOLD skills within Care Dimensions.

I'm not interested in visiting patients. How else can I help?

Please see [Volunteer Opportunities Summary](#). We have opportunities such as administrative tasks at our Danvers office, Special Events, and Call programs that volunteers help with. There are also other ways you can help such as Sewing/Quilting/Crochet or Knitting or [organizing a fundraiser](#).

How can my group volunteer with you?

The only opportunities for groups to volunteer are to organize an outside fundraiser or participate in one of our events. Fundraisers could be held throughout the year, but we also have [our annual Walk for Hospice](#) in the fall. Many groups from companies, schools or organizations often organize teams to participate. We can keep the name of your company on our list for possible future opportunities. Please email volunteerinfo@CareDimensions.org with your information and how many people would be in your group.

What are the main activities of volunteers?

Once you've completed our 16 hour online training, you'll be ready to start as a:

- Direct Patient Companion Volunteer
- Direct Patient Respite Volunteer
- Veteran-to-Veteran Volunteer

There is a short additional training required for these positions:

- Hospice House Volunteers
- Bereavement Program Volunteers
- Pediatric Program Volunteers
- Vigil Volunteers
- Special Event Volunteers
- Philanthropy Volunteers
- Check-In Call Volunteers
- Office/Administrative Volunteers

Your own current knowledge or skills will assist you in being a:

- Prayer & Ritual Volunteer
- Sewing/Quilting/Crochet and Knitting Volunteer
- Pet Therapy Volunteer (your own dog must have AKC CGC or Therapy certificate)
- Reiki Volunteers (Level I and Level II minimum requirement)
- End of Life Doula Volunteer (prior certification required) – Coming soon in 2026